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Guest Speaker

Moises Moura

Missionary to
Portuguese speaking
people around
the world.

April 19, 2020

Anxiety

- Anxiety is a painful or apprehensive _____ about an imminent or _____ pain.
- An abnormal and _____ feeling of apprehension and _____.

I. **Biblical _____ of Anxiety** – *Mark 4:7, 18, 19*

- a. The thorns that choked the seed, have a sense suffocation and anguish.

II. **The _____ of Anxiety** – *Luke 10:38-42, Matthew 6:31-34*

- a. We miss the _____ of staying at Jesus' feet.
- b. We may _____ God ending up acting like the _____ who don't have God.

III. **The _____ for Anxiety** – *Philippians 4:6-7*

- a. _____
- b. _____ in God

"Cast all your anxiety on him because he cares for you". – 1 Peter 5:7

Daniel and Amber Olson

Elizabeth, Sarah, Mark and David
Toronto, Canada (I.F.M.)

Dear Friends and Supporters,

We are in much the same situation in Toronto as many of you are, scattered across North America. I do not have much in the way of news right now, but I thought it was time to "check in" and let you know we are well.



Some of our church people are struggling to adapt to a whole new reality at home, school, and work. And there are (legitimate) concerns about health, safety, and jobs. We all need one another's prayers right now.

Our church services have gone online, as, no doubt many of yours have in recent weeks. It isn't ideal, but it is certainly an option previous generations did not have and for which we give thanks.

As you pray for our assembly, please especially remember Mariann, who is a nurse and a single mom.

May God give us all peace and courage, for Jesus' sake.

Your fellow-servant
Daniel Olson